



## Important items to stock up on before every Hurricane Season:

### 1. Water

- Store water in plastic containers such as soft drink bottles and gallon jugs. The average person needs to drink at least two quarts of water each day. Children, nursing mothers, and ill people will need more.
- Store one gallon of water, per person, per day. **You can never have too much drinking water on hand!**
- Keep at least a three-day supply of water for every person.
- Store cistern water in soft drink bottles and gallon jugs for personal sanitation/washing. **Make sure you label your cistern water and your drinking water so that you don't get them mixed up!**

Water can be purchased at all local grocery stores, and containers can be filled with filtered water at St. John Ice, located in Cruz Bay at the Lumberyard. **Contact #:** (340) 693-8825

### 2. Food

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking, and little or no water. If you must heat food, buy a can of sterno. Select food items that are compact and lightweight.

- Ready-to-eat canned meats, fruits, and vegetables; canned juices
- Staples (salt, sugar, pepper, spices, etc)
- High energy foods/protein bars and vitamins
- Food for infants and babies

### 3. Sanitation & Cleaning Supplies

- Toilet paper, towelettes
- Soap, liquid detergent
- Personal hygiene items (extra toothbrushes, toothpaste, etc), feminine supplies
- Plastic garbage bags (for personal sanitation uses)
- Plastic bucket with tight lid
- Household bleach (such as Clorox) and disinfectants



## **Emergency Contact Numbers**

**Police Emergency:** 911 or (340) 693-8880

**Fire Department (Cruz Bay):** 911 or (340) 776-6333

**Ambulance / EMT:** 911 and (340) 776-6222

From Cell Phones: (340) 776-9110

**St. John Rescue:** (340) 693-7377

**Water Taxi:** (340) 779-4490

**Electric (WAPA Emergency):** (340) 774-1424

**Public Works Department:** (340) 776-6346

**Make sure to clearly state your physical address and detailed directions to your home/location when calling an emergency number.**